



## Virtual Support Group Facilitator: Caregiver

*Gilda's Toronto*

“There are those who open their hearts to others...who never think twice about giving of themselves. They are the wonderful, warm hearted people who make all the difference in our lives.”

- Gilda Radner -

**If you can imagine yourself improving the quality of life for people impacted by cancer and their families then Gilda's Toronto may be the place for you.**

### Who We Are

Gilda's Toronto is a registered charity that is making an important difference for cancer patients, their family and friends in the Greater Toronto Area. It is one of 175 members of the Cancer Support Community (CSC), the largest professionally led non-profit network of cancer support worldwide, which delivers more than \$50 million in free support services to patients and families.

Gilda's Toronto has often been referred to as “the missing link in the cancer care system.” ~ Patrick J. Gullane, MB,FRCS, FACS, FRACS (Otolaryngologist, University Health Network).

Gilda's Toronto is named after legendary comedian Gilda Radner of Saturday Night Live fame, who died of cancer in 1989. While in treatment in the mid-80's, Gilda visited a cancer support community in Los Angeles where she found others going through a similar experience to hers and she drew strength and comfort from that supportive environment. It was Gilda's Toronto hope that “such support communities” be available to anyone touched by cancer so no one would have to face cancer alone.

### What We Do

The impact of cancer is not only physical but deeply emotional. Gilda's Toronto is a community of support where people facing the fear and uncertainty of a cancer diagnosis, personally or for a loved one, can find strength in others who share their experience. The supportive and educational programs at Gilda's Toronto are an essential component of a complete cancer care plan and a compliment to medical treatment. Those who seek support in this community are embraced as “Members”.

Since 2001, Gilda's Toronto has improved the quality of life for more than 12,000 Members experiencing cancer-related stress, to restore a sense of control, redefine hope, reduce stress and isolation during and after cancer treatment for improved quality of life. All programs are provided free of charge so there is no financial barrier to accessing support in this community.

Today, with the added worries related to COVID-19 and the need for physical distancing, Gilda's Toronto operates virtually, connecting with Members online to deliver programs that include education, physical activity and support groups from the comfort of their own homes. This thriving virtual community has become for some, the only connection to emotional support, the only outlet for physical exercise and the only place to meet others who can relate to their feelings of isolation, fear and anxiety.

### Position Overview

Reporting to the Director, Clinical Programs, the Support Group Facilitator is someone who enjoys interfacing with the community and delivering cancer support programs through virtual mediums. The Support Group Facilitator is a mental health professional whose knowledge of oncology and background in group facilitation, will provide quality therapeutic support.

**Caregiver Support Group:** A support group for caregivers who have family or friends with a cancer diagnosis. This group may touch upon such topics as managing at home, relationships, and dealing with emotion. The group will focus on the self-care of the caregiver and aims to decrease stress while talking to others who are facing similar circumstances.

### **Primary Responsibilities**

- Facilitates 8 week member support group (s) ( i.e. Living with Cancer, Caregivers, Adult Bereavement, Post-Treatment, Kids Talk Out, Kids Grieve Too, Teen Talk)
- Completes a clinical note after each Support group and submits it in a timely fashion to the Gilda's Toronto Director, Clinical Programs
- Attendance at the monthly clinical group supervision, and quarterly facilitation meetings
- Reports both administratively and clinically to Gilda's Toronto Director, Clinical Programs
- Other duties as assigned, as negotiated and agreed upon, as defined by the Gilda's Toronto Program Director

### **Qualifications:**

- Professional graduate degree in Social Work, Psychology, Child Life Specialist or a related mental health field, from an accredited institution.
- Current registration with a Canadian professional regulatory body
- Minimum of 3 years post-graduate clinical experience
- Group facilitation experience required.

- Familiarity in working with adults and or children/teens in the area of oncology, and grief/loss would be most advantageous
- Commitment to Gilda's Toronto mission and Program philosophy with participation in orientation and ongoing training as it relates to Gilda's Toronto and its Program.
- Available for evening hours as group schedule dictates.
- A knowledge of the local community and cancer support services is preferred.
- Completion and submission of a Criminal Record Check and Vulnerable Sector Screening on an annual basis.
- Confirmation and proof of liability insurance

Commensurate with experience, the successful candidate will receive a fee of \$120 per week. This fee covers the weekly 1.5 hour group facilitation, group preparation, attended monthly supervision and facilitator meetings)

The successful applicant will need to undergo and pass a Vulnerable Sector Screening police check.

Gilda's Toronto is an equal opportunity employer. Gilda's Toronto is committed to delivering and improving accessibility in employment for all persons with disabilities. Accommodation is available, upon request, in the application and interview process and in the course of all other methods of selection of employees. Successful candidates for employment will be introduced to and trained in respect of all of our human rights, accommodation and accessibility policies.

#### How to apply

Please send your resume, cover letter via email with the subject line reading "Support Group Facilitator: Caregiver" in confidence to: [info@gildasclubtoronto.org](mailto:info@gildasclubtoronto.org)

Application deadline: February 17, 2023

Only those candidates selected for an interview will be contacted. We thank all applicants for their interest in working at Gilda's Toronto.

#### Employment Type

- Contract
- Eight (8) week contract with potential opportunity to extend.
- The successful candidate must be able to work at home as mutually determined in advance.