



# **GILDA'S CLUB** **GREATER TORONTO**

An Affiliate of the  
**CANCER SUPPORT COMMUNITY**

## **Child/Youth Support Groups**

**Winter 2026: Week of January 19**

**Spring 2026: Week of April 13**

**Fall 2026: Week of October 12**

### **Tuesdays**

**Kids Talk Out (4:30-5:30pm):** For children ages 4-12 who currently have someone in their life who has cancer. This group will provide children with an opportunity to connect with peers and share experiences around cancer and how it has affected them and their families. \*\*\*We offer two groups split by age: younger (4-8) and older (9-12).

**Teen Talk: Family & Cancer (7:00-8:15pm):** For teens ages 13 to 17 who have a significant person living with cancer. This group helps youth find their own unique voices within a safe and supportive environment of positive peer relationships.

**Teen Talk: Grief & Cancer (7:00-8:15pm):** For teens ages 13 to 17 who have a significant person that has died from cancer. This group helps youth find their own unique voices within a safe and supportive environment of positive peer relationships.

### **Thursdays**

**Kids Grieve Too (4:30-5:30pm):** For children ages 4-12 who are remembering someone who has died of cancer. This group will provide children with an opportunity to connect with peers and share experiences around cancer and death and how it has affected them and their families.

\*\*\*We offer two groups split by age: younger (4-8) and older (9-12).

**Groups are FREE and VIRTUAL.**

**Interested individuals can fill out our online form at [gildasclubtoronto.org/become-a-member](https://gildasclubtoronto.org/become-a-member) or call 416-214-9898.**