

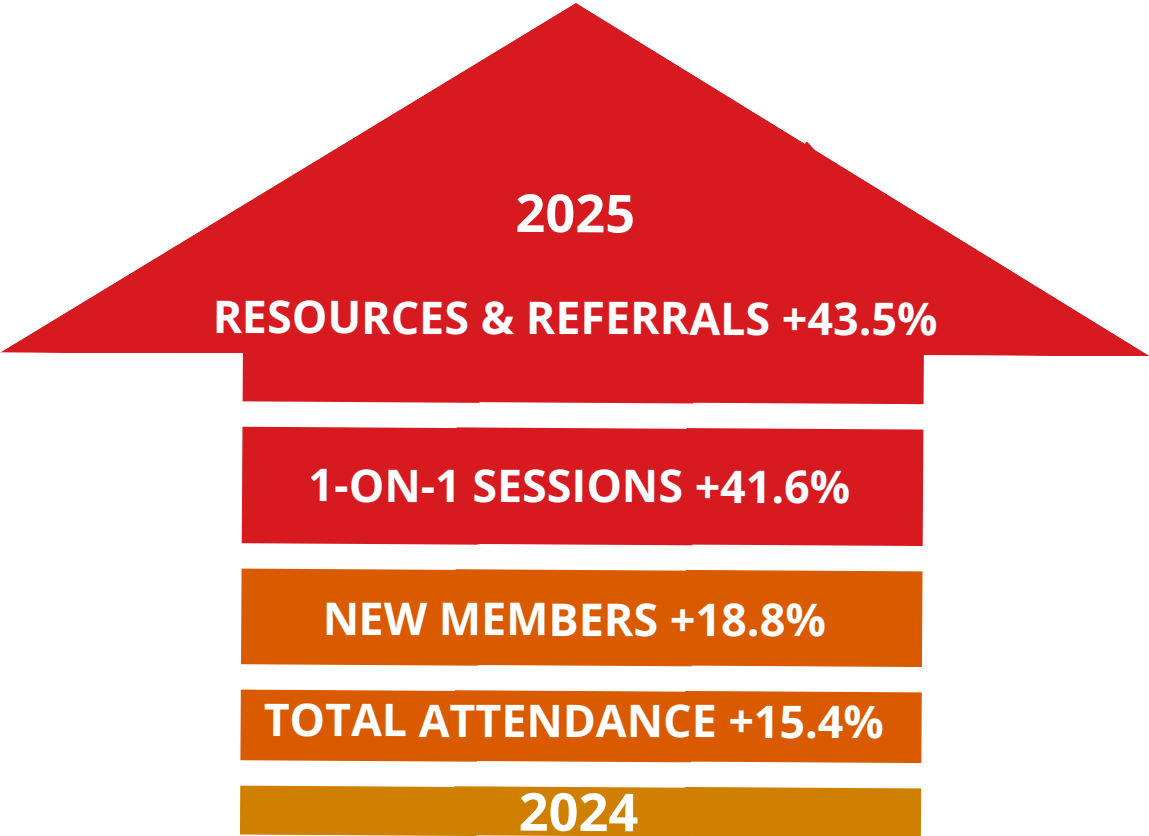
Gilda's Toronto continues to grow as a place of connection, hope and belonging for those living with cancer and their loved ones. Through hundreds of supportive programs, personalized one-on-one sessions and meaningful referrals, more people than ever found the community and emotional support they need to navigate their journey. Together, we are helping ensure that no one faces cancer alone—and that more people can truly live, while living with cancer.

THE YEAR AT A GLANCE

GILDA'S TORONTO DONORS HELPED TO INCREASED THE REACH AND DEPTH OF SUPPORT FOR PEOPLE LIVING WITH CANCER AND THEIR LOVED ONES.

- 3,297** ● Total Attendees
- 990** ● Unique Members
- 379** ● New Members

- 554** ● Programs Delivered
- 381** ● One-on-One Sessions
- 211** ● Resources & Referrals



New Member Growth



Nolan Murphy was only 14 when his mother died of cancer. Gilda's Toronto gave him a supportive environment with other teens who shared his experience. *"I was able to connect with Gilda's Toronto teen support group. Starting with a summer camp and eventually transferring to a weekly support group, I was able to connect with other teens who had been touched by cancer, a group of kids who understood the nuances of having someone close to you with cancer."*



"By opening up and sharing at Gilda's Toronto, I felt that treadmill slow down just enough that I was able to jump back on and start walking again."

Nolan Murphy

New Member Growth
2025 WELCOMED MANY
NEW COMMUNITY MEMBERS



Personalized Support



Haein Kim-Blasdale struggled with her husband's cancer diagnosis. Haein had the extra burden of keeping the diagnosis from their 9-year-old son Brian because they hoped his condition might improve. Haein found support through Careful Steps: Navigating cancer with children, a virtual one-on-one service that offers guidance to parents and guardians who are concerned about the impact their cancer diagnosis and treatment may have on their children.

Haein and her son also attended family nights with her son. *"The events were so welcoming. It was great to be in a room with other kids who had such a traumatic loss. It was a comfort to Brian and helped him understand that he wasn't alone."*



"Tory, Gilda's Toronto Family Support and Outreach Manager, helped me to approach the conversation with Brian, to make it easier for me. She gave me different scenarios that wouldn't scare Brian and would encourage me to talk to him at a time when it was very difficult to do that."

Haein Kim-Blasdale

**PERSONALIZED SUPPORT
EXPANDED BY 41%**



Members Engaged



Nicole was diagnosed with breast cancer in 2024. After treatment, she turned to Gilda's Toronto for support.

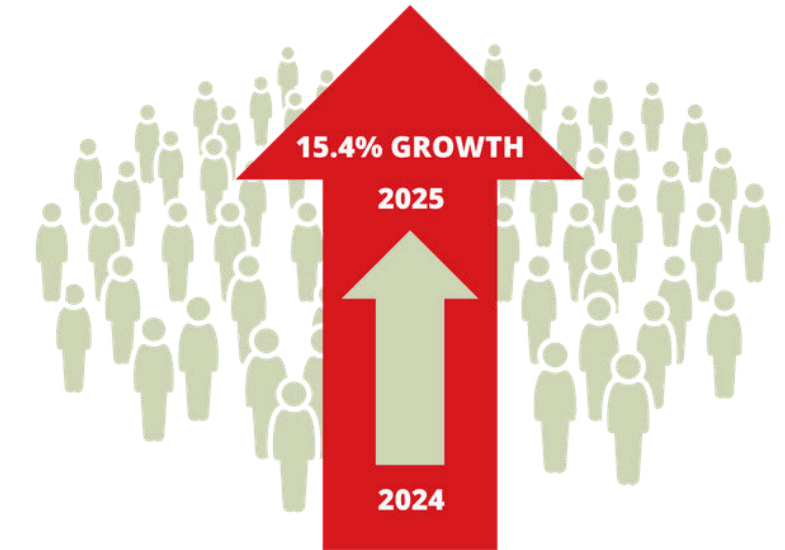
Nicole ran in the 2025 TCS Toronto Waterfront Marathon 5K as part of Gilda's Toronto team to raise funds for programs, support and life-changing work for people living with cancer and those caring for them.



"Cancer also takes a toll on your mental health. That's where Gilda's Toronto played a vital role – the support I got from them was invaluable, helping me with the anxiety that comes with a cancer diagnosis, and especially at a young age."

3,297

COMMUNITY MEMBERS ENGAGED IN 2025



554 PROGRAMS DELIVERED IN 2025



Members Served



Michael, Brooke and Gavin Holdsworth have been through so much in the last year. Michael was diagnosed with multiple myeloma in 2024, a cancer that usually affects seniors. Sadly, Michael died in early January. Michael was so grateful to Gilda's Toronto.



"I don't know if Brooke and I, and especially our son Gavin, would have gotten through this so well without your support."

Michael Holdsworth

NEARLY
1,000
UNIQUE
COMMUNITY
MEMBERS
SERVED
IN 2025

43%
INCREASE
IN RESOURCE
CONNECTIONS
IN 2025

4,705
PROGRAM
REGISTRATIONS
IN 2025

Celebrating 25 Years



Gilda's Toronto is a community that has been welcoming people from all walks of life for 25 years! Cancer is complex. But feeling that there's an entire, caring community of support standing with you is empowering. Throughout 2026, we celebrate the achievement of Gilda Radner's vision that no one has to face cancer alone. Together, we can create a sustainable future for Gilda's Toronto, one where diversity flourishes, and everyone accesses the best possible emotional support that can be overlooked during cancer care. Together, with donors like you, we can work towards a world where everyone can live, while living with cancer.



Elizabeth Dagleish
Executive Director
Gilda's Toronto

